

Course Duration	3 Hours*
Who is the course aimed at	Nurses and healthcare assistants and support workers
Course Standard	Course is assessed and certificated.
Number of seats	15 maximum
Type of Training	Face to Face

Course Pre-requisites

Previous Manual Handling Certificate valid within the last year. Candidates to wear comfortable, loose clothing, closed toe shoes, hair tied back and no jewellery other than plain band ring and/or stud earrings.

Course Content

- Legislation
- Spinal anatomy
- Ergonomics
- Biomechanics
- Unsafe practices
- Small handling aids
- Principles of hoist training
- Manual Handling of the child

Venue Requirements

Refreshments to be provided by the client.

Equipment Needed

Handouts and workbooks will be provided. Candidates need to bring notepaper and pens with them.

Other Notes

*Please note that the length of the course is approximate and depends upon the number of candidates attending and the level of participation from them.

Location may vary and is subject to availability.

PLEASE CONTACT CPD@supplycaresolutions.co.uk to find out the next available course date and location.