

Course Duration	6 Hours*
Who is the course aimed at	All grades of staff working within an environment that supports service users with challenging behaviour
Course Standard	Course is assessed and certificated
Number of Seats	10
Type of Training	Face to Face

Course Pre-requisites

Candidates must complete a declaration of physical fitness to participate in practical work for breakaway techniques and should let the trainer know if they are unable to become involved in physical activities prior to the course commencing. This may preclude the candidate from gaining the Breakaway aspect of the certificate as competence in breakaway must be demonstrated.

Course Content

- What is Challenging Behaviour?
- Why Challenging Behaviour occurs
- Triggers
- Signs to look out for
- How to deal with Challenging Behaviour
- De-escalation techniques
- Importance of record keeping
- Importance of team work
- The legal context of using reasonable force
- Breakaway Techniques

Equipment Needed

Handouts and workbooks will be provided. Candidates need to bring notepaper and pens with them.

Other Notes

*Please note that the length of the course is approximate and depends upon the number of candidates attending and the level of participation from them.

Refreshments to be provided by the client.

PLEASE CONTACT CPD@supplycaresolutions.co.uk to find out the next available course date and location.